

## July

## This month's goals to help me reclaim my life

Within each spotlight pick just one or two goals that you'd like to complete by the end of this month. Don't worry about the how or the what, just list what you'd like to complete. You might have one goal per spotlight or a couple of goals for two or three spotlights. This is YOUR blockbuster life you're planning, your life you're reclaiming what you put in is up to you.

